

Details of super-food agri-tour, Monday, June 17, 2013, 6:10 pm

The Super-Food Agri-Tour will be led by Krishna Sharma, PhD, starting in the Red Barn at 6:10 pm. It focuses on the leading-edge research that Krishna is conducting on the Sharing Farm at Terra Nova and around B.C.

Krishna is well into the ongoing research project about adapting organic edamame—the super-food—for local conditions. High in nutrition and high-yield to grow, edamame is a bean that is rapidly becoming popular as a fresh vegetable. It is a green-pod form of soybean with distinctive qualities. Growing edamame locally has many advantages over importing it from Asia.

Participants will share in Krishna's expertise in a down-to-earth way they can apply immediately. The first forty will receive a starter kit with packets of local organic seeds and a how-to guide for quick reference.

A packet of edamame seeds (about 20) is included in the starter kit, along with packets of bush bean seeds (20–30) and pole bean seeds (about 10) and the guide.

There will also be an Advice Hotlink for getting in touch with Krishna about one's progress. You can even become part of the research project if you wish. The current intent is to use email.

In preparation for the agri-tour and/or as follow-up, you may wish to read about Krishna's research. You can do so on the website of Richmond's Sharing Farm Society on the "[Researching viable soybean growth in Richmond](#)" page.

Krishna Sharma, PhD, who is U.S.-educated, is a new Canadian from Nepal, where he taught university and did agricultural research. Krishna took early retirement four years ago so that he and his wife could move to Richmond and be nearer their grown children and young grandchildren who live here and in Colorado. Krishna is a director of the [Garden City Conservation Society](#) and a member of the Richmond Agricultural Advisory Committee.

